



Dr. Patrick McCauley

COASTAL INTEGRATIVE HEALTH
PHYSICAL THERAPIST

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Dr. Patrick McCauley,

a physical therapist at Coastal Integrative Health, works closely with Dr. Lank, also a 2013 Future 10 recipient.

McCauley became interested in physical therapy after he was injured playing lacrosse at Miami of Ohio. There, he required the help of a physical therapist to return to competitive play. Plus, the medical field is in his genes.

“I grew up in a medical family,” says McCauley. “My paternal grandfather was an internal medicine MD back in the time of house calls; my maternal grandmother was a nurse; my father was an obstetrician; and my mother a hospice nurse. Medicine just seemed like a natural fit.”

In the office McCauley is driven by the unique circumstances and needs each patient brings. The way these come together challenges him to devise a plan that meets his patients’ rehab goals, while keeping them healthy, safe and operating within their own limitations.

Out of the office it’s another story.

“Hands down, my three sons and my local siblings and their families keep me going when I’m not at work,” he says. “I love cooking for friends, seeing live music, traveling and meeting people. There’s always a story to hear and a story to tell, and I like finding those stories.”

McCauley’s three sons (ages 10, 8 and 6) keep him active outdoors between playing football on the beach, camping and hiking and volunteer coaching for their soccer teams.

“We love Carolina Beach State Park for camping and Brunswick Nature Park for hiking,” he says. “There are so many trails there that we haven’t explored all of them yet.”

He sees Brunswick County as poised for even more growth as more retirees and young families move here.

“I just hope that I can be an asset to the community and that Coastal Integrative Health can continue to set a high bar for quality, forward-thinking healthcare for them,” he says.

“It’s absolutely flattering to be named one of the Future 10. I see it as a confirmation that healthcare can be provided in a personal manner today, just like it was years ago.”

